

# Bully-proof your child

It affects one in five kids, here's how to keep yours safe. By Josephine Brouard

Does anyone not have memories of bullying in the schoolyard? My sister was a victim of the insidious female form, her so-called friends whispering and giggling behind their hands most times she approached the group. They would “forget” to include her in social arrangements and swore her to secrecy as she endured untold petty humiliations in the vain hope that she would ultimately be accepted into the elite girls’ clan.

As a primary school girl, I always identified with the victims rather than the bullies, squirming despairingly when I saw them roving the schoolyard looking for someone whom they could make look small in order that they could look big. The same human targets inevitably would be picked on: the fattest boy in the class who could never run fast enough to catch a ball, the

